

Lagos

PORTUGAL

MINI GUIDE · 2026



GOODTIMES LAGOS

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Welcome to
Lagos Portugal.



📍 Sunrise at Praia dos Estudantes



Contents

Nestled along Portugal's stunning Algarve coast, Lagos is a vibrant town bursting with history, breathtaking beaches, and a laid-back yet lively atmosphere.

This Guide will help you make the most of your time here, covering the following topics with map and booking links.

[Top Things to do](#)

[How to visit the Grottos](#)

[The Best Beaches](#)

[Coastal Cliff Walks](#)

[The Old Town & history](#)

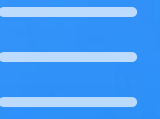
[Eating & Drinking](#)

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Top 5 Things to do

- VISIT PICTURESQUE **BEACHES**
- SEE **PONTA DA PIEDADE**
- EXPLORE **THE GROTTO**
- WANDER **OLD TOWN** & STREET ART
- TAKE COASTAL **CLIFF WALKS**



📍 [Ponta da Piedade](#) around midday



Ponta da Piedade

You can reach this magnificent spot by foot.
Follow the boardwalks from town, then take
the stairway behind the lighthouse. PS Its Free!

A scenic view of a rocky coastline with a small boat in the turquoise water. The image is split into two main sections: the top half shows a rocky cliffside with a small boat in the turquoise water, and the bottom half shows a small boat in the turquoise water. The text is overlaid on the top half.

How to visit the Grottoes

By Kayak

2.5h, €35. Be guided into the caves,
stop at a beach, explore.

→ [EZRIDE KAYAK TOURS](#)

Sailing & Small boat

Sail on a traditional boat.

2h €32 or 4h with lunch €62

→ [BOM DIA SAIL + GROTTO TRIP](#)

Grotto trip small boat, 1h ≈€20

→ [GROTTO TOUR](#)

DIY SUP Tour

Rent an inflatable board from Jah

Shaka Surf shop. 4h, €20

📍 [JAH SHAKA SURF SHOP](#)



Top 5 Beaches

PRAIA DO CAMILO
PRAIA DONA ANA
PRAIA DOS ESTUDANTES
PORTO DE MÓS
MEIA PRAIA

For a complete guide to all the beaches – inc. secret ones, with their facilities, get our [Lagos Ultimate Guide](#)

 [Porto De Mos](#)

Top 5 Beaches



📍 PRAIA DO CAMILO



📍 PRAIA DONA ANA



📍 PRAIA ESTUDANTES

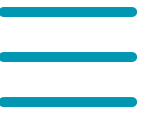


📍 PORTO DE MOS



📍 MEIA PRAIA

Click to see the location on maps



Getting to the Beaches

The great thing about Lagos is that you can walk everywhere. There are also cheap public buses, Taxi, Uber and [Tuktuk](#). Note: Most boardwalks aren't marked on google maps!

Praia da Batata & Praia dos Estudantes are the town beaches, just 5 minutes walk from Praça do Infante, next to the Fortress. Kayak tours to the Grottoes start here.

Praia Dona Ana: ~20 minutes walk from town. Tip: take the coastal cliff Boardwalk starting at Praia do Pinhão [here](#)

Praia do Camilo: From Dona Ana beach, follow the boardwalk (not marked on google maps!) ~10 mins. It starts by the car park, [here](#)

Meia Praia: ~20 minute walk from town, over the footbridge. At the Train station head right. Or in summer, take the *Vai e Vem* ferry from Praça Infante across the canal - a few minutes ride ~1€ (also not on google maps!)

Praia Porto de Mos: Take bus #2 from Praça do Infante, ~20 min, 1.20€

Tip: If you want to rent a car, we always find the best deals through [Discover Cars](#)

Cliff walks

See all 3 hikes on this video *(not by us)*

Town – Ponta da Piedade

2–3 km, easy. Start the boardwalk at Praia do Pinhão and follow it along the cliffs to Ponta da Piedade, passing the amazing beaches along the way.

📍 PRAIA DO PINHÃO

Ponta da Piedade – Canavial

You can continue the cliff boardwalks for another 1km, with more great views.

📍 CANAVIAL END/START

Porto de Mos – Luz

6 km, dirt path. Even if you don't want to do the full hike, its worth going up to the view point (5 min walk).

📍 PORTO DE MOS VIEW POINT



The Old Town



SEE: THE GREEN HOUSE
STREET ART · SLAVE MARKET
HIDDEN PLAZAS · FISH MARKET
PORTA DE SÃO GONÇALO



Sights



📍 St. Anthony Church



📍 Street-Art Street



📍 Praça do Infante



📍 The Green house



📍 Arco de São Gonçalo

Click to see the location on maps



Lagos' Rich History

Lagos has played an important role in Portuguese history for centuries.

- In the 15th century it became a key centre of exploration, with voyages organised under Prince Henry the Navigator.
- In 1444, Lagos was also the site of Europe's **first recorded slave market**
- The city later served as **the capital of the Algarve** from 1577 until it suffered major damage during the 1755 Lisbon earthquake.
- To protect its important harbour, **defensive structures** were built along the coast.

📍 Forte da Ponta da Bandeira

Tips

Lagos Walking Tour

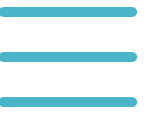
Learn about the Great Earthquake, the Caravel and the Slave Trade with Brodie

15€/pp → [INFO & BOOKING](#)

Lagos Adventure hunt

Discover Lagos on an interactive scavenger hunt, using an app & clues. Fun!

19.50€/Group → [INFO & BOOKING](#)



More great Things To Do



Sunrise/Sunset Yoga

Yoga with ocean sounds and golden skies = a state of pure calm

→ [INFO & BOOKING](#)



Sunrise SUP Tour

Glide on calm waters through the grottos in stunning sunrise colours

→ [INFO & BOOKING](#)



Surf day trip

Make new friends and get that natural high of salt water & achievement

→ [THE SURF EXPERIENCE](#)



Dolphin Watching

With a 95% success rate, people say its the best dolphin trip of their lives!

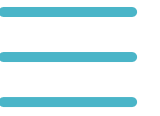
→ [INFO & BOOKING](#)



Sunset sailing

Sip some Prosecco (included) while sailing into the sunset 🍷🍷

→ [INFO & BOOKING](#)



For *Activity* Lovers



Wake Park Lagos

Fun for adults and kids! Plus fun vibes with events, music, food.

→ [WAKE PARK BOOKING](#)



Algarve Watersport

Learn kiteboarding, Wingfoil & wind-surfing. Lessons for all levels & ages

→ [AWS INFO & BOOKING](#)



Mountain Bike Adventure

See spectacular views of the coast and mountains. E-bikes available.

→ [MOUNTAIN BIKE ADVENTURE](#)



Rent a Surf board

Shortboards, longboards, fish, foam surfboards, SUP and more.

→ [JAHSKAKA SURF RENTALS](#)



A close-up, vertical photograph of a chef's hands cooking large prawns in a black pan on a gas stove. The chef is wearing a black wristband and is pouring a bright orange liquid from a bottle into the pan. The prawns are already partially cooked and are sizzling in oil. The background is blurred, showing other kitchen equipment and a blue flame from the stove. The text "Eating & Drinking" is overlaid in the center in a white serif font.

Eating & Drinking



Coffee & Brunch

Abigail's Café

Indoor & outdoor seating, close to the beach. Great coffee & pancakes

📍 [R. HENRIQUE CORREIA DA SILVA 8](#)

Twin Fin

In the old town, great eggs benedict, avo toasts & smoothies.

📍 [RUA GIL VICENTE 36](#)

Everyday People

Behind the Lagos Marina, the best coffee and chewy cookies in town

📍 [R. CONDE LIPPE N](#)

Indigo Bar

Sunny boho rooftop with instagram worthy bowls & toasts.

📍 [R. LANÇAROTE DE FREITAS 15](#)

O Ninho Café

Lots of Gluten Free and vegan options + entertainment for kids

📍 [R. DA ESTREMA 31](#)

*P.S. All these places offer oat milk





📍 Twin Fin



📍 Abigails



📍 Everyday People



📍 Indigo bar



📍 O Ninho Café



📍 Black and White Café

Lunch/ Beach Picnic

BEACH DAY SUPPLIES



La Focaccia

Italian Panini & Focaccia
on the way to the beach.

📍 [TV.DO MAR](#)



Poké Lagos

Create your own bowl. Eat
there or take away.

📍 [R. DOM VASCO DA GAMA](#)



Take a Bao

Filled Bao buns (inc Vego)
close to Batata Beach

📍 [IN THE COLLAB BAR](#)



Our Favourite Restaurants



The Green Room

For fun Mexican & Taco Tuesday

📍 [R. ANTÓNIO CRISÓGNO DOS SANTOS](#)



Casa do Prego

Modern Portuguese, friendly staff

📍 [RUA LANÇAROTE DE FREITAS](#)



Nah Nah Bah

World famous Burgers & topical vibes

📍 [R. TRAVESSA DO FORNO 11](#)



Ala do Castelo

Spot on seafood rice & cataplana

📍 [R. DO CASTELO DOS GOVERNADORES 40](#)



Estúdio Vegetariano

Vego or not, you'll be impressed

📍 [RUA DA OLIVEIRA 30](#)

For local Portuguese & seafood eateries, plus what dishes to try, the best bakeries and local markets get our [**Lagos Ultimate Guide**](#) →



Pre/Post Dinner

KasBah Bar & Cocktail Lounge

Beautifully crafted cocktails &
share platters with marina views

📍 [MARINA DE LAGOS](#)

The Collab

Craft beer & natural wine experts,
with a terrace and beach view

📍 [OPPOSITE BATATA BEACH](#)

Indigo Bar

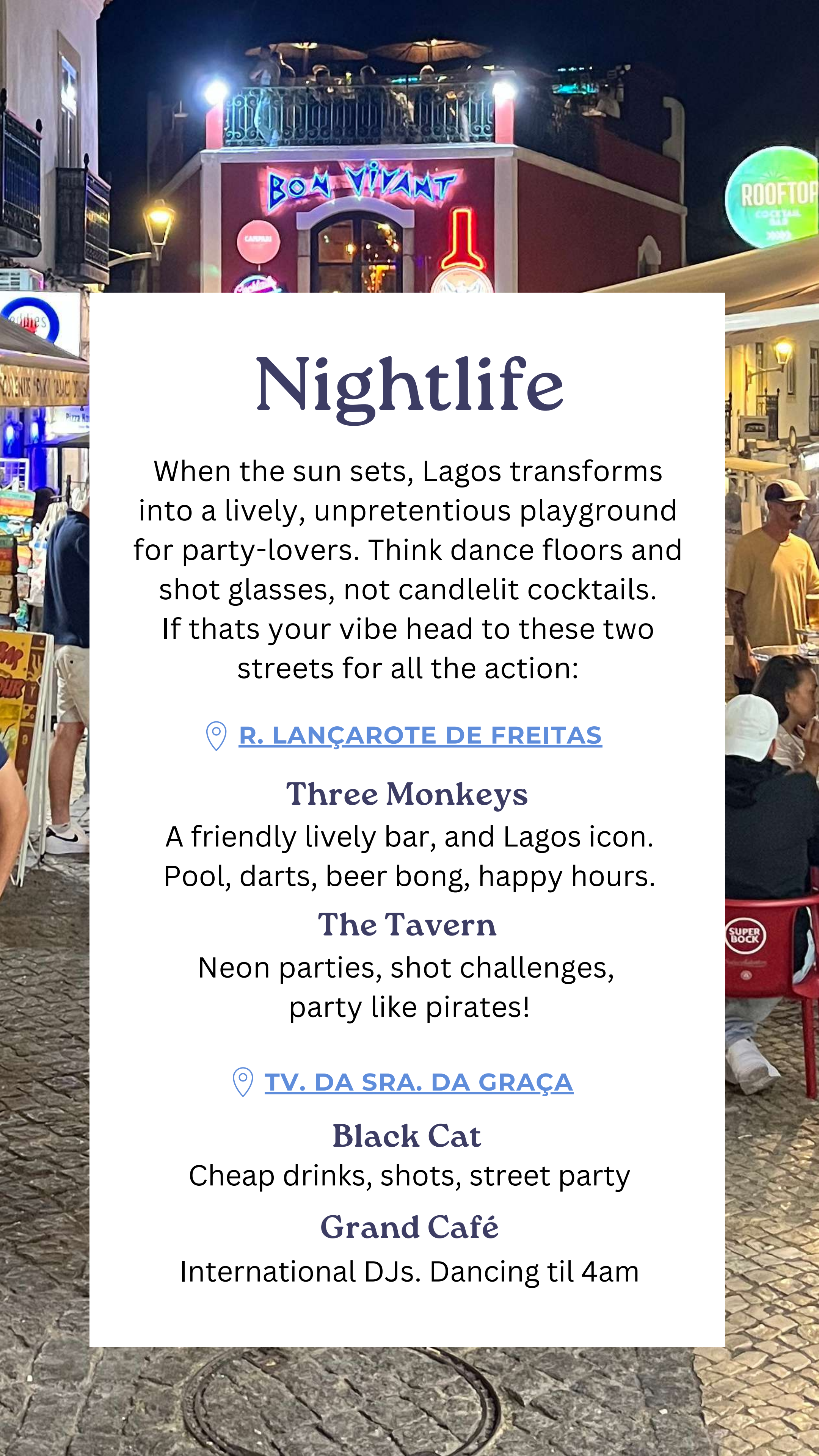
For cocktails on the rooftop,
often with live music.

📍 [R. LANÇAROTE DE FREITAS 15](#)

Crema di Gelato

After a different indulgence?
Easily the best Gelato in Lagos!

📍 [R. MARREIROS NETTO 17](#)



Nightlife

When the sun sets, Lagos transforms into a lively, unpretentious playground for party-lovers. Think dance floors and shot glasses, not candlelit cocktails. If that's your vibe head to these two streets for all the action:

📍 [R. LANÇAROTE DE FREITAS](#)

Three Monkeys

A friendly lively bar, and Lagos icon. Pool, darts, beer bong, happy hours.

The Tavern

Neon parties, shot challenges, party like pirates!

📍 [TV. DA SRA. DA GRAÇA](#)

Black Cat

Cheap drinks, shots, street party

Grand Café

International DJs. Dancing til 4am

Don't miss
the Sunrise

📍 Morning light at Meia Praia



Treat Yourself

Heather Bain Massage

Every great holiday includes a massage.

📍 [RUA GIL EANES, 1ST FLOOR](#)

Pura Beaute Salon

Indulge in a manicure, pedicure, eyelash, brow or hair treatment in this modern salon.

📍 [LAGOS MARINA](#)

Yoga & Fitness

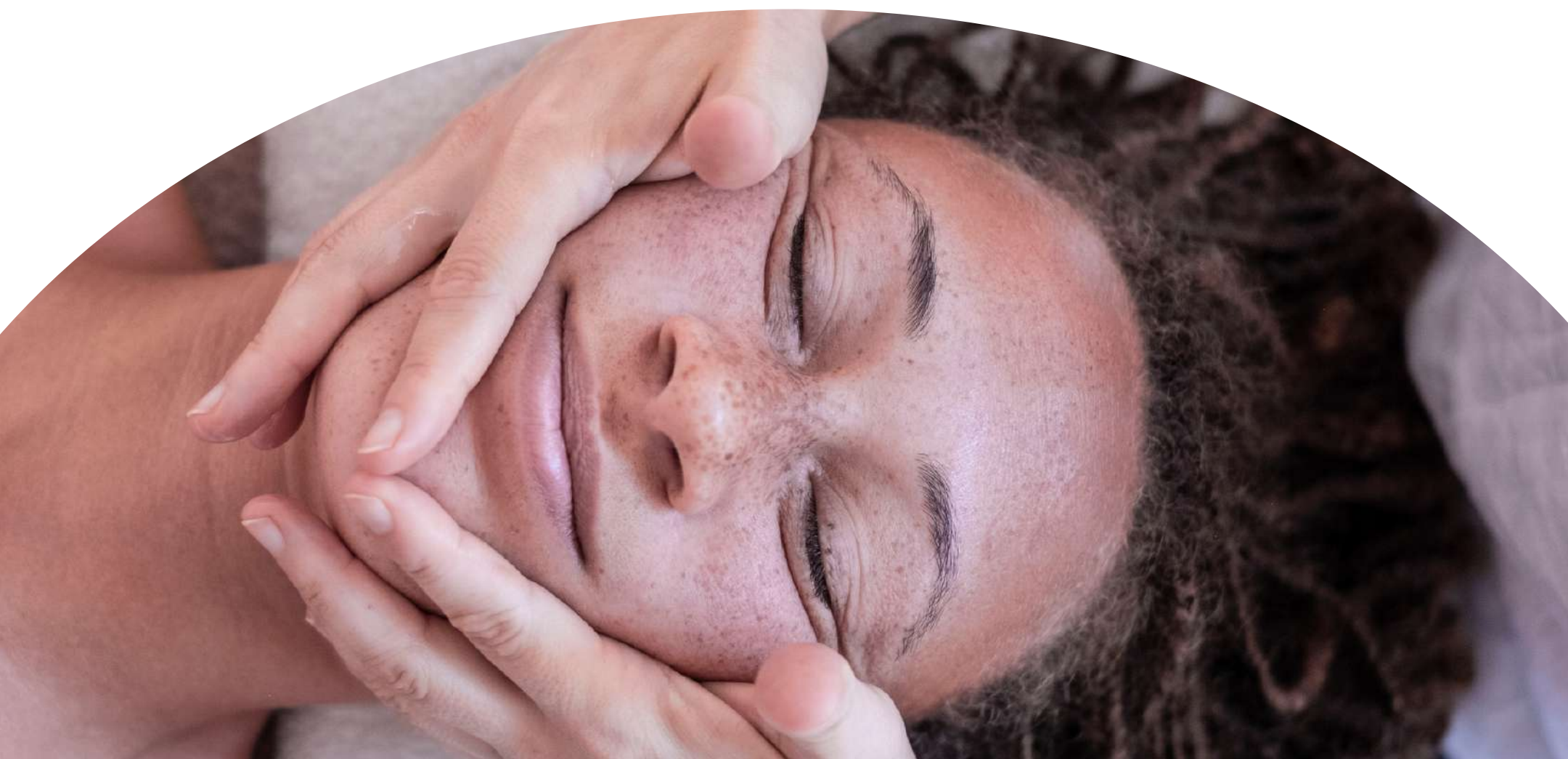
Lagos has a great selection of yoga & pilates studios. Find all the local classes here:

→ [LAGOS YOGA HUB](#)

Local Gifts

Ceramics, jewellery, prints & special items from a collective of local creatives.

📍 [TEIAS ARTE LOCAL](#)





Daytrips from Lagos

Visit Benagil Cave *(Pictured below)*

Travel from Lagos marina to the famous Benagil Caves on a boat. See secret beaches, grottos, and dolphins on the way! Duration just ~2.5hrs

→ [BENAGIL CAVE TOUR](#)

Explore the South Coast

If you rent a car, visit the quaint village of Burgau, then beach hop to Sagres & Cabo São Vicente (most Westerly point) for the best sunset

📍 [BURGAU](#)

📍 [CABO SÃO VICENTE](#)

Discover the untamed West Coast

Rent a car or join a tour to see the natural, rugged beauty of the West coast. Beach guide next pages.

→ [WEST COAST TOUR](#)





Yellow beaches = Surf spots. For Lagos **Surf Tips**,
[check out this post](#) 🏄♂️ + Here are more ways to see
 the Algarve countryside, without a car.



Country Jeep Safari

A great tour of small villages while
 learning some local culture + lunch.

→ [INFO & BOOKING](#)



Wine Tasting Tour

See beautiful vineyards, visit
 charming Silves, taste wine & learn.

→ [INFO & BOOKING](#)



Tapas & Wine Tasting Tour

Includes winery visit, live show
 cooking, tapas & wine tasting

→ [INFO & BOOKING](#)



When to visit Lagos

May, June, and September offer warm days and pleasant sea temperatures with fewer crowds. Prices are lower, parking is free.

☀️ Average Daytime temp: **23–27°C**

💧 Sea temperature: **17–18°C**

July and August are the hottest months, perfect for beach activities and nightlife, but busier and higher prices

☀️ Average Daytime temp: **26–30°C**

💧 Sea temperature: **21–22°C**

Winter months (December–February) are mild, quieter, and still great for sightseeing and coastal walks. Many bars/restaurants close. It can be rainy in these months.

☀️ Average Daytime temp: **14–17°C**

💧 Sea temperature: **15–16°C**

Note: Nights generally cool down, so be sure to pack a jumper.

GOODTIMES LAGOS

Pssst...

For *all* the best insider tips including

- ★ A 3 day Lagos Itinerary
- Detailed beach guide + secret beaches
- What to eat (Portuguese) and where
- Farmers markets
- Wineries & Beach-bars
- Hidden gems
- Instagram dream shots
- Yoga & pilates studios
- Transport tips, and more...

Get our [Lagos ULTIMATE Guide](#) ↓

GET OUR FULL LAGOS 2026 GUIDE

 [/GOODTIMESLAGOS](#)

 Morning light at [Praia Dona Ana](#)