

# Lagos

## PORTUGAL

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MINI GUIDE · 2026



GOODTIMES LAGOS

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Welcome to  
Lagos Portugal.



📍 Sunrise at [Praia dos Estudantes](#)



# Contents

Nestled along Portugal's stunning Algarve coast, Lagos is a vibrant town bursting with history, breathtaking beaches, and a laid-back yet lively atmosphere.

This Guide will help you make the most of your time here, covering the following topics with map and booking links.

**[Top Things to do](#)**

**[The Best Beaches](#)**

**[How to visit the Grottos](#)**

**[The Old Town & history](#)**

**[Coastal Cliff Walks](#)**

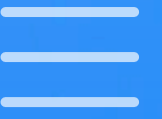
**[Eating & Drinking](#)**

**[Massage & Wellness](#)**

**[Daytrips from Lagos](#)**

**[When to Visit](#)**





# Top 5 Things to do

- VISIT PICTURESQUE **BEACHES**
- SEE **PONTA DA PIEDADE**
- EXPLORE **THE GROTTOS**
- WANDER **OLD TOWN** & STREET ART
- TAKE COASTAL **CLIFF WALKS**

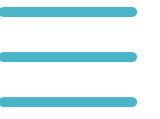


📍 [Ponta da Piedade](#) around midday



# Ponta da Piedade

You can reach this magnificent spot by foot. Follow the boardwalks from town, then take the stairway behind the lighthouse. PS Its Free!



# Unforgettable Experiences



## Sunrise/Sunset Yoga

Yoga with ocean sounds and golden skies = a state of pure calm

→ [INFO & BOOKING](#)



## Sunrise SUP Tour

Glide on calm waters through the grottos in stunning sunrise colours

→ [INFO & BOOKING](#)



## Surf day trip

Make new friends and get that natural high of salt water & achievement

→ [THE SURF EXPERIENCE](#)



## Dolphin Watching

When you are in a boat surrounded by dolphins, you'll know why

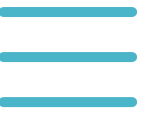
→ [INFO & BOOKING](#)



## Sunset sailing

Sip some Prosecco (included) while sailing into the sunset

→ [INFO & BOOKING](#)



# For *Activity* Lovers



## Wake Park Lagos

Fun for adults and kids! Plus fun vibes with events, music, food.

→ [WAKE PARK BOOKING](#)



## Algarve Watersport

Learn kiteboarding, Wingfoil & windsurfing. Lessons for all levels & ages

→ [AWS INFO & BOOKING](#)



## Mountain Bike Adventure

See spectacular views of the coast and mountains. E-bikes available.

→ [MOUNTAIN BIKE ADVENTURE](#)



## Rent a Surf board

Shortboards, longboards, fish, foam surfboards, SUP and more.

→ [JAHSKA SURF RENTALS](#)





# Top 5 Beaches

PRAIA DO CAMILO  
PRAIA DONA ANA  
PRAIA DOS ESTUDANTES  
PORTO DE MÓS  
MEIA PRAIA

For a complete guide to all the beaches with their facilities & locations, get our [Lagos Ultimate Guide](#)

 [Porto De Mos](#)

# Top 5 Beaches



📍 PRAIA DO CAMILO



📍 PORTO DE MOS



📍 PRAIA DONA ANA



📍 MEIA PRAIA



📍 PRAIA ESTUDANTES

*Click to see the location on maps*

# How to visit the Grottos

## By Kayak

2.5h, €35. Be guided into the caves, stop at a beach, explore.

→ [EZRIDE KAYAK TOURS](#)

## Sailing & Small boat

Sail on a traditional boat.

2h €32 or 4h with lunch €62

→ [BOM DIA SAIL + GROTTTO TRIP](#)

Grotto trip only, 1h ≈€20

→ [GROTTTO TOUR](#)

## DIY SUP Tour

Rent an inflatable board from Jah Shaka Surf shop. 4h, €20

📍 [JAH SHAKA SURF SHOP](#)

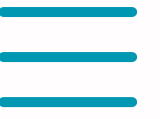




# The Old Town



**SEE:** THE GREEN HOUSE  
STREET ART · SLAVE MARKET  
HIDDEN PLAZAS · FISH MARKET  
PORTA DE SÃO GONÇALO



# Lagos' Rich History

Lagos has played an important role in Portuguese history for centuries.

- In the 15th century it became a key centre of exploration, with voyages organised under Prince Henry the Navigator.
- In 1444, Lagos was also the site of Europe's **first recorded slave market**
- The city later served as **the capital of the Algarve** from 1577 until it suffered major damage during the 1755 Lisbon earthquake.
- To protect its important harbour, **defensive structures** were built along the coast.

📍 [The Slave Market Museum](#)

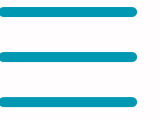
📍 [Forte da Ponta da Bandeira](#)

*Tip*

## Lagos Walking Tour

Learn about the Great Earthquake, the Caravel and the Slave Trade with Brodie

[→ INFO & BOOKING](#)



# Sights



📍 [St. Anthony Church](#)



📍 [The Green house](#)



📍 [Street-Art Street](#)



📍 [Arco de São Gonçalo](#)



📍 [Praça do Infante](#)

*Click to see the location on maps*

# Cliff walks

[See all 3 hikes on this video](#) *(not by us)*

## Town – Ponta da Piedade

2–3 km, easy. Start the boardwalk at Praia do Pinhão and follow it along the cliffs to Ponta da Piedade, passing the amazing beaches along the way.

 [PRAIA DO PINHÃO](#)

## Ponta da Piedade – Canavial

You can continue the cliff boardwalks for another 1km, with more great views.

 [CANAVIAL END/START](#)

## Porto de Mos – Luz

6 km, dirt path. Even if you don't want to do the full hike, its worth going up to the view point (5 min walk).

 [PORTO DE MOS VIEW POINT](#)

A close-up photograph of a chef's hands and arms, wearing an orange long-sleeved shirt, as they cook large prawns in a black pan on a gas stove. The prawns are glistening with oil and garnished with green herbs. The chef is holding a wooden spoon, and steam is rising from the pan. The background is slightly blurred, showing other kitchen equipment and a blue flame from the stove. In the top right corner, there are three horizontal white lines, likely a menu icon.

# Eating & Drinking



# Coffee & Brunch

## Abigail's Café

Indoor & outdoor seating, close to the beach. Great coffee & pancakes

📍 [R. HENRIQUE CORREIA DA SILVA 8](#)

## Twin Fin

In the old town, great eggs benedict, avo toasts & smoothies.

📍 [RUA GIL VICENTE 36](#)

## Everyday People

Behind the Lagos Marina, the best coffee and chewy cookies in town

📍 [R. CONDE LIPPE N](#)

## Indigo Bar

Sunny boho rooftop with instagram worthy bowls & toasts.

📍 [R. LANÇAROTE DE FREITAS 15](#)

## O Ninho Café

Lots of Gluten Free and vegan options + entertainment for kids

📍 [R. DA ESTREMA 31](#)

\*P.S. All these places offer oat milk





📍 Twin Fin



📍 Abigails



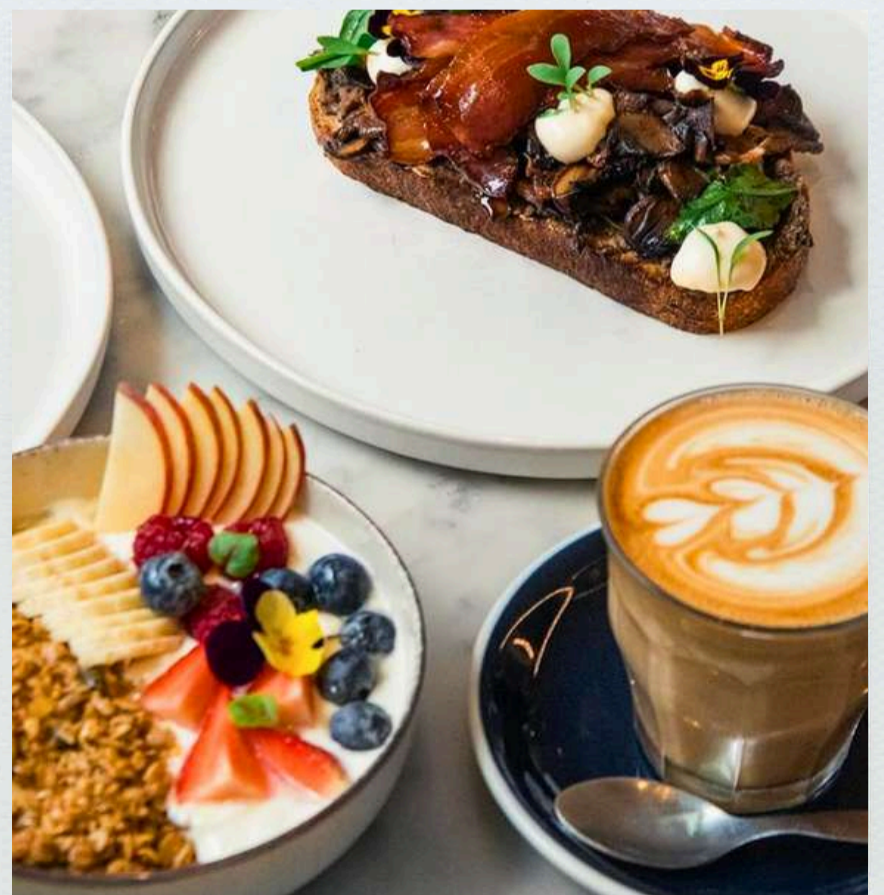
📍 Everyday People



📍 Indigo bar



📍 O Ninho Café



📍 Black and White Café



# Lunch/ Beach Picnic

BEACH DAY SUPPLIES



## La Focaccia

Italian Panini & Focaccia  
on the way to the beach.

📍 [TV.DO MAR](#)



## Poké Lagos

Create your own bowl. Eat  
there or take away.

📍 [R. DOM VASCO DA GAMA](#)



## Take a Bao

Filled Bao buns (inc Vego)  
close to Batata Beach

📍 [IN THE COLLAB BAR](#)



# Our Favourite Restaurants



## The Green Room

For fun Mexican & Taco Tuesday

📍 [R. ANTÓNIO CRISÓGNO DOS SANTOS](#)



## Casa do Prego

Modern Portuguese, friendly staff

📍 [RUA LANÇAROTE DE FREITAS](#)



## Nah Nah Bah

World famous Burgers & topical vibes

📍 [R. TRAVESSA DO FORNO 11](#)



## Ala do Castelo

Spot on seafood rice & cataplana

📍 [R. DO CASTELO DOS GOVERNADORES 40](#)



## Estúdio Vegetariano

Vego or not, you'll be impressed

📍 [RUA DA OLIVEIRA 30](#)

For local Portuguese & seafood eateries, plus what dishes to try, the best bakeries and local markets get our [\*\*Lagos Ultimate Guide\*\*](#) →



# Pre/Post Dinner

## **KasBah Bar & Cocktail Lounge**

Beautifully crafted cocktails & share platters with marina views

📍 [MARINA DE LAGOS](#)

## **The Collab**

Craft beer & natural wine experts, with a terrace and beach view

📍 [OPPOSITE BATATA BEACH](#)

## **Indigo Bar**

For cocktails on the rooftop, often with live music.

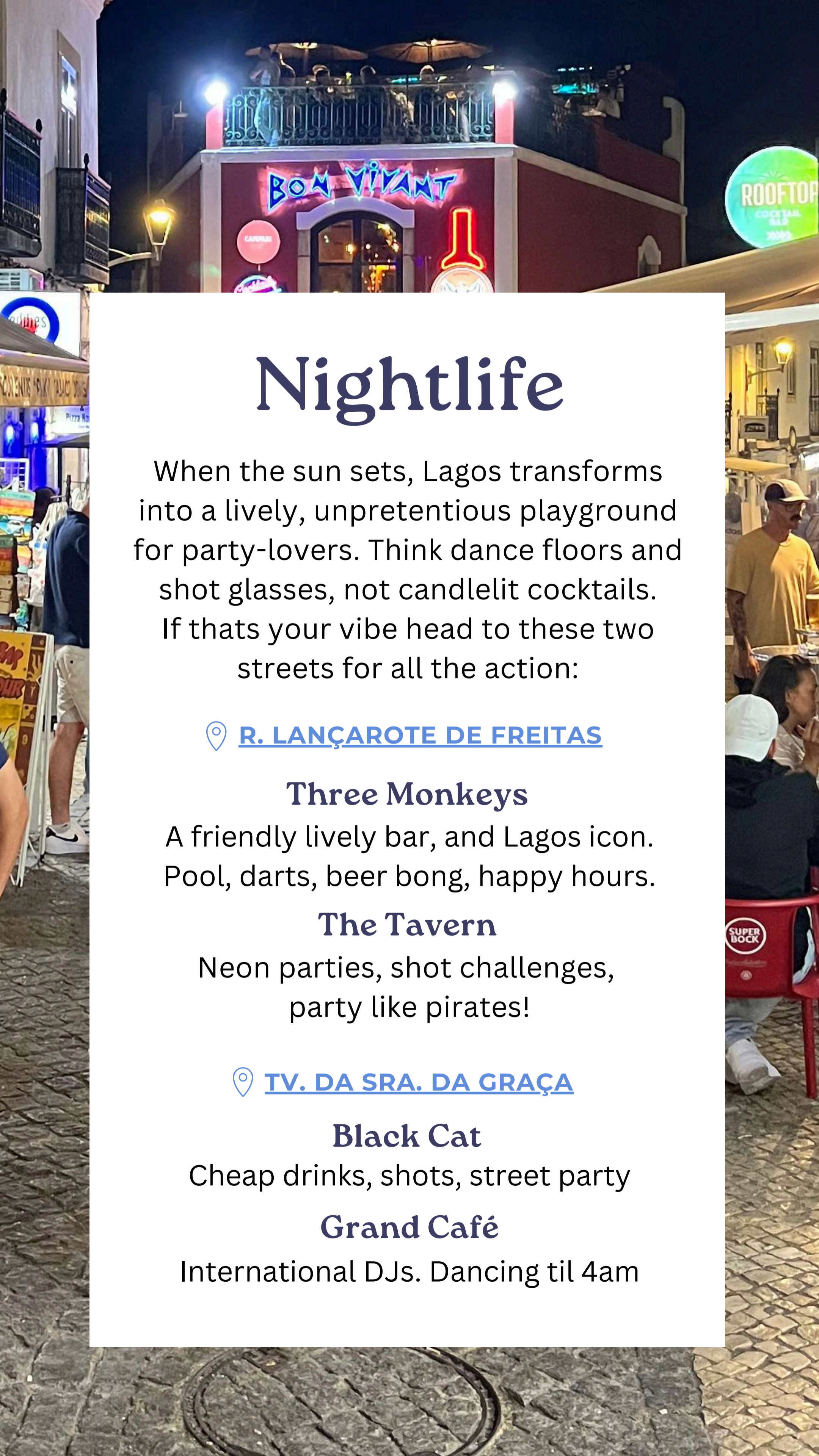
📍 [R. LANÇAROTE DE FREITAS 15](#)

## **Crema di Gelato**

After a different indulgence? Easily the best Gelato in Lagos!

📍 [R. MARREIROS NETTO 17](#)





# Nightlife

When the sun sets, Lagos transforms into a lively, unpretentious playground for party-lovers. Think dance floors and shot glasses, not candlelit cocktails. If that's your vibe head to these two streets for all the action:

📍 [R. LANÇAROTE DE FREITAS](#)

## Three Monkeys

A friendly lively bar, and Lagos icon. Pool, darts, beer bong, happy hours.

## The Tavern

Neon parties, shot challenges, party like pirates!

📍 [TV. DA SRA. DA GRAÇA](#)

## Black Cat

Cheap drinks, shots, street party

## Grand Café

International DJs. Dancing til 4am

Don't miss  
the Sunrise

📍 Morning light at Meia Praia



# Treat Yourself

## Heather Bain Massage

Every great holiday includes a massage.

📍 [RUA GIL EANES, 1<sup>ST</sup> FLOOR](#)

## Pura Beaute Salon

Indulge in a manicure, pedicure, eyelash, brow or hair treatment in this modern salon.

📍 [LAGOS MARINA](#)

## Yoga & Fitness

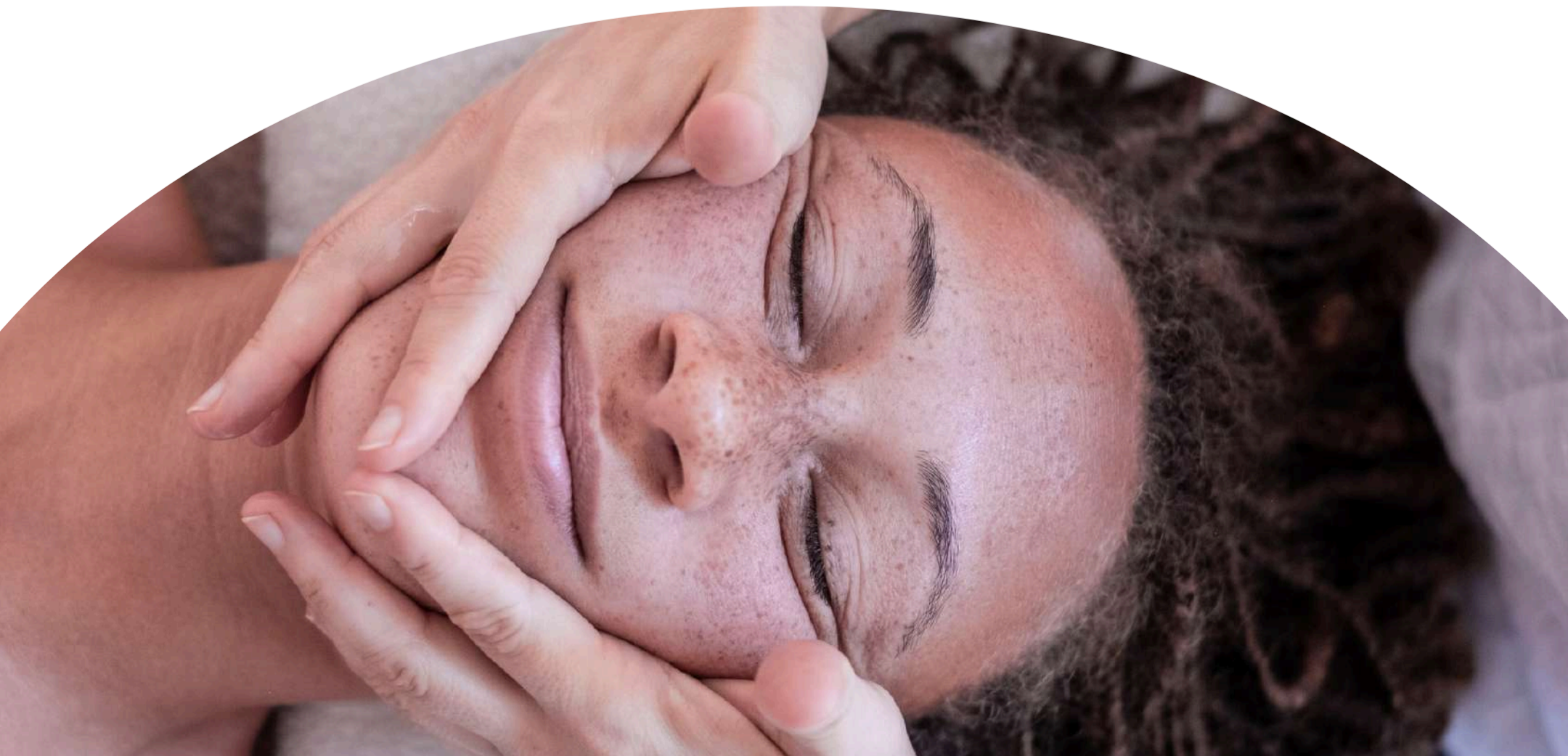
Lagos has a great selection of yoga & pilates studios. Find all the local classes here:

→ [LAGOS YOGA HUB](#)

## Local Gifts

Ceramics, jewellery, prints & special items from a collective of local creatives.

📍 [TEIAS ARTE LOCAL](#)





# Daytrips from Lagos

## Visit Benagil Cave *(Pictured below)*

Travel from Lagos marina to the famous Benagil Caves on a boat. See secret beaches, grottos, and dolphins on the way! Duration just ~2.5hrs

→ [BENAGIL CAVE TOUR](#)

## Explore the South Coast

If you rent a car, visit the quaint village of Burgau, then beach hop to Sagres & Cabo São Vicente (most Westerly point) for the best sunset

📍 [BURGAU](#)

📍 [CABO SÃO VICENTE](#)

## Discover the untamed West Coast

Rent a car or join a tour to see the natural, rugged beauty of the West coast. Beach guide next pages.

→ [WEST COAST TOUR](#)





Yellow beaches = Surf spots. For Lagos **Surf Tips**, [check out this post](#) + Here are more ways to see the Algarve countryside, without a car.



## Country Jeep Safari

A great tour of small villages while learning some local culture + lunch.

→ [INFO & BOOKING](#)



## Wine Tasting Tour

See beautiful vineyards, visit charming Silves, taste wine & learn.

→ [INFO & BOOKING](#)



## Tapas & Wine Tasting Tour

Includes winery visit, live show cooking, tapas & wine tasting

→ [INFO & BOOKING](#)



# When to visit Lagos

**May, June, and September** offer warm days and pleasant sea temperatures with fewer crowds. Prices are lower, parking is free.

Average Daytime temp: **23–27°C**

Sea temperature: **17–18°C**

**July and August** are the hottest months, perfect for beach activities and nightlife, but busier and higher prices

Average Daytime temp: **26–30°C**

Sea temperature: **21–22°C**

**Winter months (December–February)** are mild, quieter, and still great for sightseeing and coastal walks. Many bars/restaurants close. It can be rainy in these months.

Average Daytime temp: **14–17°C**

Sea temperature: **15–16°C**

**Note:** Nights generally cool down, so be sure to pack a jumper.



# Pssst...

For *all* the best insider tips including

- **A 3 day Lagos Itinerary**
- **Detailed beach guide + secret beaches**
- **What to eat and where**
- **Wineries & Beach-bars**
- **Farmers markets**
- **Hidden gems**
- **Instagram dream shots**
- **Yoga & pilates studios**
- **Transport tips, and more...**

Get our [Lagos ULTIMATE Guide](#) ↓

**GET OUR FULL LAGOS 2026 GUIDE**

 [/GOODTIMESLAGOS](#)